

Contemporary Alexander School Modules

The Physics of Choice - Changing Your Frequency to Realize Your Choices

This Module uses material from Matrix Energetics® (Richard Bartlett) and Reality Creation® (Frederick Dodson) to help you identify and transform limiting beliefs.

Understanding the crossroads of quantum physics and consciousness, you will learn how to create change at vibrational, as well as behavioral, levels.

Teachers and practitioners will be able to offer their students tools for change at the energetic/vibrational levels of being.

